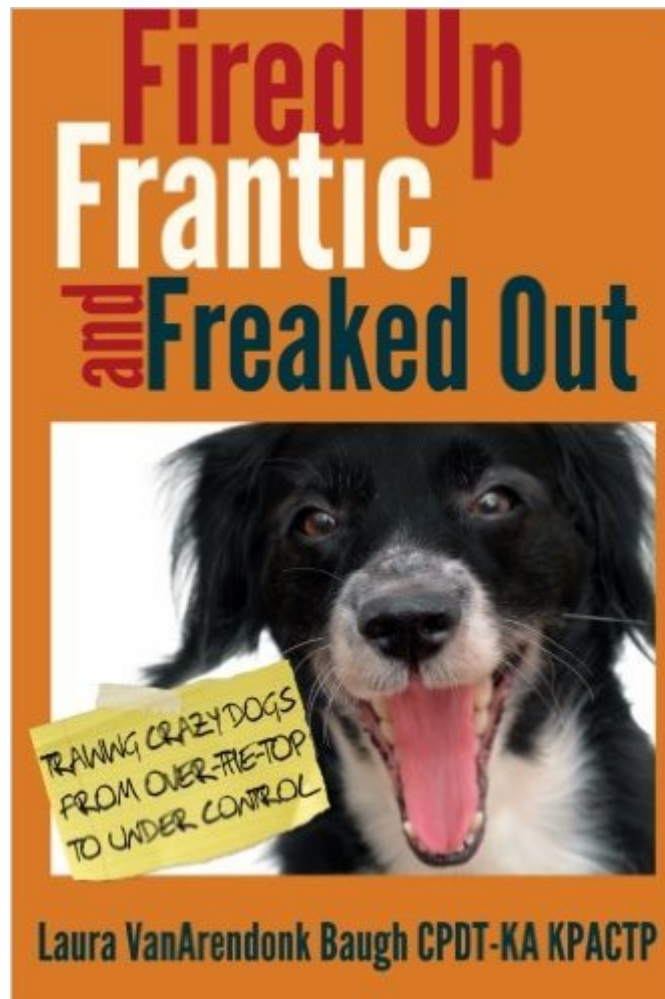


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# Fired Up, Frantic, And Freaked Out: Training The Crazy Dog From Over The Top To Under Control



## Synopsis

"Iâ™m loving it! Laura has managed not only to write a clear and incredibly important book, sheâ™s really funny too! Her way of writing, the images in her language, and the diagrams make this book really stand out; thereâ™s no way to misunderstand the concepts sheâ™s presenting."  
-- Emelie Johnson Vegh, co-author of *Agility Right from the Start*  
Some dogs need a little help. Some dogs are afraid, or excited, or reactive. Dogs that âœdonâ™t listenâ• and âœgo crazyâ• donâ™t live the lives we â“- or they â“- want. *Fired Up, Frantic, and Freaked Out* can change that. Simple steps and an accessible, conversational tone from award-winning, internationally-known trainer Laura VanArendonk Baugh CPDT-KA KPACTP make calming the agitated dog not only possible, but pleasant. Inside youâ™ll learn how to  
Achieve change in short, simple training sessions of a minute or less  
Maximize the effects of natural brain chemistry  
Know when to call in medical help  
âœClean upâ• unreliable behaviors in both overexcited sport dogs and pets at home  
Recognize how fear, aggression, and excitement are variants of the same root problem  
The conversational tone is both informative and fun â” very accessible, and it feels like the reader has a consulting trainer standing at her shoulder! Bring your dog from emotional to thoughtful, and enjoy a calmer, more enriched life with your best friend.

## Book Information

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Average Customer Review: 4.3 out of 5 starsÂ Â See all reviewsÂ (206 customer reviews)

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## Customer Reviews

Some of the lower ratings disappoint me, claiming the book is too basic. I disagree. I think it's very specific. If your dog is not described by the title (to at least some degree); you may not find this book as valuable. As a dog and horse trainer, I appreciate the fact that you cannot train an amped up animal while it is on adrenalin overload! First you have to get the animal calm. Only then can they

focus and learn. If they are (FU/F/FO) fired up, frantic and/or freaked out, they don't even know you are on the planet with them, so nothing you do is likely to succeed. This author is a master of training for calmness, plus the Queen of Splitting, a technique that many handlers really do NOT understand. Splitting is an art form and this author knows how to carefully prepare the handler and the dog for success by breaking the training process into baby steps so that failure is unlikely. If you want a general dog training book, this may not be it (though I think the instruction can be helpful with all dogs, and is very to-the-point and clear). If you have a reactive dog and are willing to invest some energy, this book WILL work for you. You will develop skill sets to calm and focus your dog, and he/she will become quite capable of learning to control his/her emotions and behavior.

I read a ton of dog books and train service and pet dogs myself. I can say without hesitation this book brings something exciting to those struggling with dogs who are "over the top" with their behavior. If you are frustrated by your dog's barking at the door, or reacting to other dogs or any number of other "over the top" behaviors you'll find a real jewel in this. And by the way Laura's writing style is just a joy to read..you will learn and have fun too...how good is that!

Whether you're a dog training geek or a frustrated pet owner, this book proves to be an excellent resource and extremely reader-friendly. I rank this book up with Behavior Adjustment Training (Grisha Stewart) and Control Unleashed (Leslie McDevitt) -- a must-read for anyone with a dog who "flips out like a ninja!". This is going high on my list of resources to recommend to clients as a step-by-step protocol to follow between visits.

I can't heap enough praise on VanArendonk Baugh's book, "Fired up, Frantic and Freaked out." Solid behavioral principles in a user-friendly format, this is exactly the kind of information people need to work through issues with their dogs, without resorting to force, coercion and pain. And it's also the same approach I successfully used to take a "juvenile delinquent" dog from "impossible" to a winner of a National Service Dog of the Year award. Using the approach and techniques outlined in this book, the reader will come away with practical, easy to use steps to deal with problems, and not go crazy during the process. The little dog traditional trainers recommended euthanizing because he would not be browbeaten into submission, eventually trotted happily at my side of my wheelchair as we carried the Olympic torch. You can't go wrong investing in this marvelous book.

In her introduction Laura comments that there is already a plethora of terrific positive training books.

I agree with her and hadn't planned to read another. Still I downloaded the free sample and was hooked. This book somehow fills a niche. It is an easy common sense read that helps the reader understand how and why training can help a dog. I suspect she has written an award winner.

This is definitely going to be one of my go to books for dog training clients. It's well written, humorous, and breaks things down into simple steps. The anecdotes and analogies make it straight forward and easy to understand, without needing a degree in psychology.

What an amazing book - more than worth the purchase price. In fact, it was so good I'm going to buy the paperback copy as well - having it on kindle is not enough! I often hesitate to recommend even good training books, just because often, one or two things don't sit right (I'm picky!)- but this one had me happily agreeing with EVERYTHING - I'll be recommending it to every dog person I know. This book is right up there with Control Unleashed on the "absolutely must-have" list for people with reactive, aggressive, or overexcited dogs (or really, anyone who has anything to do with dogs - there is just so much good stuff in this book). While there are already many books on positive reinforcement (as the author herself points out) - I still feel this one somehow manages to fill a gap. I have helped others with their "fired-up, frantic and freaked-out" dogs, including my own in the past, but, despite my own experience and the wealth of good info out there, I had been despairing about one of my kelpies - reading this book gave me the simple, clear and structured plans I need to truly begin to help him.

What an interesting delivery to a dog training book. Laura has managed to give the reader, the average pet owner, a clear sensible approach to behavioral issues. With all the training books there are today, this is what the dog training world is really needing. A book that is clear, concise, and a fun read. Who says a book can't be fun and informational too. Thanks Laura!

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